

## Hypnosis for Pain Management

Hypnosis has been used effectively to reduce or eliminate pain for centuries. Now, recent research is giving us a glimpse of how hypnosis blocks pain signals in the body from getting to the areas of the brain that perceive pain. In this full day workshop, participants will learn many ways to use hypnosis for pain control along with the fear, anxiety and emotional aspects associated with pain. Participants will also learn a rapid form of self hypnosis and how to teach their patients to use hypnosis for themselves. This workshop is fun, empowering and therapeutic for everyone involved.

### Prevention Magazine

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Hypnosis is helping people get over fractures, burns, migraines, asthma, fibroids, peptic ulcers, and skin disorders. The same techniques practiced by ancient Egyptians 2,000 years ago and "discovered" by Austrian physician Franz Anton Mesmer in the late 1700s are now scoring impressive results in medical experiments across the United States, Europe, and beyond. Mind, it seems, really can overcome matter.

"If somebody told you there was a medication that could treat 100 different conditions, didn't require a prescription, was free, and had no bad side effects, you wouldn't believe them," says Harvard Medical School psychologist Carol Ginandes, PhD. "I don't want to sound like a snake oil salesman, because hypnosis is not a magic wand. But it should be made available as a supplementary treatment for all patients who could benefit. Right now."

Continuing  
Education

**Continuum**  
Health Partners

Phillips Beth Israel School of Nursing  
776 6th Ave @27th Street 3rd Floor  
NYC, NY 10001

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E-mail: [eozdelen@chpnet.org](mailto:eozdelen@chpnet.org)

Continuing  
Education

## Hypnosis for Pain Management



May 04, 2009  
June 8, 2009  
Sept. 14, 2009  
Dec. 7, 2009

8:30am—5:30pm

Phillips Beth Israel School of  
Nursing  
776 6th Ave @27th Street  
NY, NY, 10001

[www.ceprograms.org](http://www.ceprograms.org)

Continuum Health Partners, Inc.

Beth Israel

Roosevelt  
Hospital

St. Luke's  
Hospital

Long Island  
College Hospital

NY Eye & Ear  
Infirmary

## Registration and Contact Hour Information

Early registration is recommended and is on a first-come first-serve basis. Confirmation of registration will be made by phone or by letter.

A minimum class size of 10 is required to hold the class. There are no refunds but in the event you cannot attend, we will credit you for future programs. Course materials are included in the fee of \$100.00.

This Education Program is presented by Continuum Services, which has been approved as a provider of Continuing Education by the New York State Nurses Association's Council on Continuing Education. The American Nurses' Credentialing Center's Commission on Accreditation accredits NYSNA as an approver of continuing education in nursing.

This CE program has been assigned approval code 6P2LJZ-PRV-064 and awarded 7 contact hours.

### Register for this valuable class. Seats

fill up quickly so register early to assure your seat.

You can mail, fax or phone in your registration.

Or register online [www.ceprograms.com](http://www.ceprograms.com).

We accept credit cards and personal checks.

[www.ceprograms.org](http://www.ceprograms.org)

## LOCATION AND SCHEDULE

**DATES:** May 04, June 8, Sept 14, and Dec 7

**TIME:** 9:00– 5:00

**FEE:** \$100.00

### LOCATION:

**Phillips Beth Israel School of Nursing**  
776 6th Ave @ 27th Street 3rd Floor  
NY, NY 10001

### Target Audience:

Registered Nurses, MD's, PA's, DO's, Nurses Aides  
Physical Therapists, Occupational Therapists, Nurse Practitioners

### Objectives:

1. understand the value of hypnosis for patients
2. accomplish self hypnosis
3. understand the mind/body connection related to health and illness
4. accomplish practical hypnotic inductions
5. explain how to use hypnosis to relieve pain, anxiety and fear
6. use hypnosis for pain management

### Instructor:

Melissa Tiers, D.C.H, D. A. H is a Doctor of Clinical Hypnotherapy with a private practice in NYC.

She is certified through the National Guild of Hypnotists, The Hypnosis Institute, The Breakthrough Institute, The Reike Institute, The International Network of Alternative and Intuitive Therapies, Alberts University and The American Board of Medical Hypnotherapy.

## Hypnosis for Pain Management

Sign up for:	Time	Price
<input type="checkbox"/> May 04, 2009	9:00-4:30	\$100.00
<input type="checkbox"/> June 8, 2009	9:00-4:30	\$100.00
<input type="checkbox"/> September 14, 2009	9:00-4:30	\$100.00
<input type="checkbox"/> December 7, 2009	9:00-4:30	\$100.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City/ State/ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Employer/Position \_\_\_\_\_

Employer/Position \_\_\_\_\_

### Method of Payment

- Check/ Pay to Continuum Training
- St. Luke's \_\_\_\_\_ Manager Signature \_\_\_\_\_
- Roosevelt \_\_\_\_\_ Manager Signature \_\_\_\_\_
- Beth Israel \_\_\_\_\_ Manager Signature \_\_\_\_\_
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Signature \_\_\_\_\_

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