Birth is the US is “intervention intensive”. Current research supports both the value of normal birth and the danger of interfering in the normal process without compelling medical indication.

This workshop will present “best evidence” related to both the care practices that facilitate normal birth (letting labor start on its own, freedom of movement, birth in non-supine positions, labor support, keeping mother and baby together) and the interventions that are commonly used in most hospitals (EFM, Intravenous, restriction on eating and drinking, episiotomy and epidural).

Strategies for promoting, protecting and supporting best practices in the current maternity system will be developed.
Registration and Contact Hour Information

Early registration is recommended and is on a first-come first-serve basis. Confirmation of registration will be made by phone or by letter. A minimum class size of 15 is required to hold the class. There are no refunds but in the event you cannot attend, we will credit you for future programs. Morning coffee and handouts are included in the fee of $100.00.

This Education Program is presented by Continuum Services, which has been approved as a provider of Continuing Education by the New York State Nurses Association’s Council on Continuing Education. The American Nurses’ Credentialing Center’s Commission on Accreditation accredits NYSNA as an approver of continuing education in nursing. This CE program has been assigned approval code SPPHHS-PPV-075 and awarded 7.4 contact hours.

Register online for this valuable class at www.ceprograms.com. We accept credit cards and personal checks.

This program is sponsored by the Hillman Alumni Nursing Network and is provided at no cost to Hillman Scholar nurses. Visit www.hillmannetwork.net to view the Hillman Foundation remarkable vision for promoting nursing.

LOCATION AND SCHEDULE

Phillip's Beth Israel School of Nursing
776 6th Ave 3rd Floor
NY, NY 10001

DATE: April 10, 2007
TIME: 8:30-9:00 registration and breakfast
9:00-4:30 Program

Target Audience:
Registered Nurses, NP’s, Midwives, OB Physicians

Objectives:
1. To describe contemporary maternity care as "intervention intensive".
2. To discuss the evidence in support of the value of normal birth.
3. To present "best evidence" related to care practices that facilitate normal birth.
4. To present "best evidence" related to commonly used interventions in labor and birth.
5. To develop strategies to implement best practice in today's maternity care system.

Faculty:
Judith Lothian, RN, PhD, is an Associate Professor at the College of Nursing at Seton Hall University. She is a member of the Board of Directors of Lamaze International and is chair of the committee that develops the Lamaze Childbirth Educator Certification Exam. She speaks nationally on issues related to childbirth, evidence based maternity care, childbirth education and breastfeeding, and writes a regular column for the Journal of Perinatal Education. Her recent columns address issues related to evidence based maternity care and advocacy. She is the author of Giving Birth with Confidence: The Official Lamaze Guide to Pregnancy and Childbirth. The book helps women understand “best evidence” related to pregnancy and birth, and navigate the maze of modern obstetrics. She is the mother of five children and the grandmother of 6 little girls.

Contact: Anna Story, RN, MS, MSN
Director of Continuing Education

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Director of Continuing Education

Evidence-Based Maternity Care
April 10, 2007

<table>
<thead>
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<tr>
<td>April 10, 2007</td>
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Phillip's Beth Israel School of Nursing
776 6th Ave, NY NY 10001

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Director of Continuing Education